

# SPOT THE YOUNG ADULT CARER



## LET'S TALK

ARE YOU A **YOUNG ADULT CARER**?

WANT TO KNOW MORE ABOUT SUPPORTING **YOUNG ADULT CARERS**?

### Drop in service:

**Blossomfield**—1st Tuesday of every month

In the Link 12.00– 1.30pm

**Woodlands**—2nd Tuesday of every month

In main reception 12.00—1.30pm

Run by Carers Trust Solihull